

Sharing

Achievements

From our

Centre



Newsletter- September 2022

We here at the Sir Alexander Fleming centre are resuming our monthly newsletter and will incorporate it into the H&SCP newsletter by sending articles each month. Our newsletter stories are sourced and put together by Mr Archie Ballantine, Mr Robert Scott and Mr Scott Connelly with a little support from staff.

We aim to contribute monthly with achievements and updates on what is happening with our service.

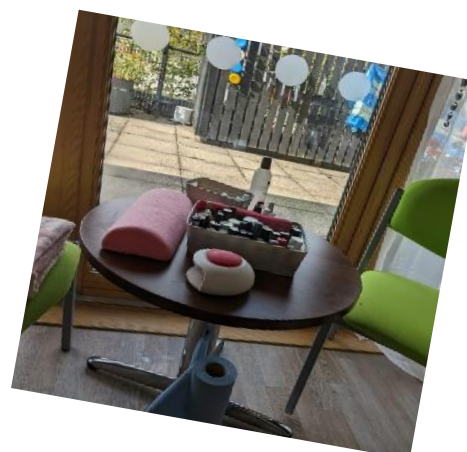
New Kitchen



We are happy to let everyone know we have a new kitchen workspace facility in the community room at the front of the building. We are going to use this facility to work on healthy eating and healthy living skills. Our groups have been researching healthy meals, buying the ingredients and preparing them on site for lunch, we hope to learn lots of easy and tasty recipes that are easy to make in a short time.

Pamper Room

In addition to our new kitchen workspace we have a new pamper room for our pamper group which has provided a relaxing and calming area for those who are part of the group. This has been received well and the group have enjoyed getting pampered with face masks, nail painting and foot spas.



New Staff

We would also like to welcome and introduce three new members of our staff team, Nicola Watson, Shirley Anne , Brennan and Steven Butler. We like our new staff members and look forward to working with them more and getting to know them.



Steven

Hi, my name is Steven, Steve, or Stevie. My journey into social care began in 2003 on a placement at Hansel Village from there I never looked back, realising that I had found my true career path, and a passion for empowering this potential. My recent migration from Riverside Centre, Cumnock, would not have been an easy one, if it wasn't for the fact, that everyone at SAFC are such a great bunch of genuine people. Inevitably my new 'work family.' I embrace the comradery and banter that gels SAFC together, and I am thrilled to be part of it all.

When I'm not busy about, and getting 'hands on' at SAFC, I like to get boots on, metal detector out, and get my hands dirty with a good old mudlarking adventure. #goodmentalhealthmudlarking. Feel free to check out some of my adventures on TikTok by searching for – outta_muck



Shirley Anne

Hi, I am Shirley Anne, I previously worked in ASN School but my passion is to work with adults. I started in the Centre two months ago and I am loving it.

I love doing all the activities especially dancing as I have been dancing since I was 2.

I am so glad to be part of the team and look forward to making new happy memories



Nicola

Hi, I'm Nicola, or Nicki as some people call me. I have been in the care industry for 19 years doing a variety of things.

I started at SAFC in April and what a place it is. I have been made feel so welcome by the staff and the service users, I feel like I have always been here. I love it.

When I'm at home I am normally running around after my 3 boys and 2 step children. I love watching the boys play football at the weekends and when they aren't playing, I love getting in the car with my Husband and exploring Scotland. One last thing, the saying goes, if you find a job you love, you'll never have to work a day in your life.... I've got that here. #winninginlife

We hope you enjoyed reading about our new areas within our centre and we look forward to contributing articles monthly to the H@SCP newsletter to keep everyone up to date with what we have been doing.

Archie , Robert & Scot